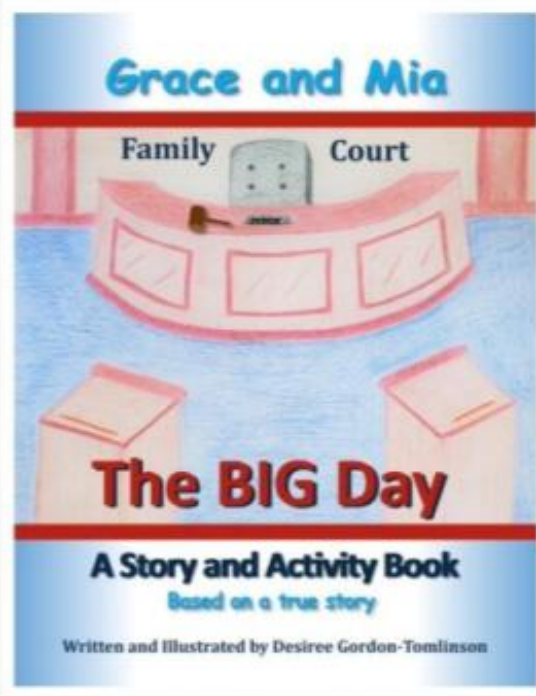


Grace and Mia The BIG Day: A Story and Activity Book



“Children and parents have so many emotions, leading up to the BIG day in court, when the divorce is finalized...this book explains those emotions well.” - Desiree

Breaking up a family or a divorce process can be extremely overwhelming. Some divorce processes may take a month, a few months, a year or two...or, in some cases, more time. Regardless of how long the process takes, there are so many emotions involved, leading up to the “BIG” day— the finalization of a divorce. Sadness, anger, confusion, relief, and even happiness, are a few emotions that evolve during this process. This book is helpful tool to help children, and adults, better understand these emotions.

Statistically, approximately 45% of marriages in the United States, end in divorce. *Grace and Mia The BIG Day: A Story and Activity Book* is a phenomenal tool for children and families, navigating through a divorce or family breakup (not all parents get married). Desiree Gordon-Tomlinson used her very own personal experience with a divorce to write, illustrate and self-publish this children’s book (3rd book in Grace and Mia Series). The therapeutic interactive activities include, contracts for children and parents to sign, to encourage positive behavior; Unscramble the Words, How Many Words Can You Find, Check For Learning, and pages for drawing or pasting family pictures. There is also a personal message from the author (in every book).

ISBN: 978-0-578-61330-7

Category: Children/Divorce/Counseling

Publisher: Sunshine Press

Format: Paperback; 34 pages

Trim: 8.5 x 11

Ages: 4-12 (helpful for adults, too)

Price: \$15.00

Author Resides: Columbia, SC

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Available: www.graceandmia.com

Grace and Mia, after more than a year of the family going through the long divorce process, the BIG day has finally come - the finalization of the divorce. Mommy is worried about how Grace and Mia will feel after the marriage ends and how they will move forward. Surprisingly, the girls are better prepared for the BIG day than Mommy thinks. In fact, the girls have a little advice of their own to share with Mommy. This is a great book...fun to read, too!

Desiree wants children and parents to understand that it’s okay to have and express different emotions, days prior to, on, and after the BIG day. Each emotions that they are feeling is quite normal, which can be discovered in *The BIG Day*, which is the third book in her series. Desiree loves illustrating her books, as it is therapy for herself, as well, and she’s very excited about her Grace and Mia series, which will also include children’s books about Mommy going on a date, bullying, and depression. Stay tuned for other helpful, heartfelt stories by this author.

Desiree was born and raised in rural Hemingway, SC and is a retired Army veteran, single mom of two daughters, author, illustrator, self-publisher, adjunct professor at Midlands Technical College, entrepreneur, motivational speaker, and Webster University Alumni Chapter President. She holds three degrees: Management and Leadership and Human Resources Development (MAs, 2015, 2018), Webster University, and Public Relations (BS, 2013), Bowie State University. In addition to writing, illustrating and publishing books, Desiree enjoys teaching, travelling, interior decorating, and cooking. Her goal is to write, illustrate and publish more books to help children and parents, better cope with difficult or life-changing events, in a positive manner. Follow her on Facebook and Instagram @Author Desiree Gordon-Tomlinson.

